



Holistic Nutrition & Wellness Center

Holistic Intuitive

WELCOME

To our Holistic Nutrition & Wellness Center—featuring Designed Clinical Nutrition with comprehensive health counseling for nourishment of the whole person, body, mind and spirit.

PASSION

To love and serve our clients as best we can by *teaching* them, the timeless principles and practices of holistic healthcare together with 21st century scientific research and its relevant philosophy and technology for both body, mind and spirit.

MISSION

To provide clinically effective natural health services to all of our clients both local and distant, to achieve and maintain vibrant health and joyful lives. I use a systematic, analytical technique which facilitates an assessment of client health status in terms of underlying structural, physiological and metabolic issues. Distress, dysfunction or deficiency in any of these categories may cause or contribute to a variety of chronic or acute health issues with or without accompanying symptoms. While not a “diagnostic” discipline, CRA® is in fact a well-attested modality for determining the cause of concerns and designing a therapeutically effective nutritional protocol for recovery of robust physical health.

WELLNESS COUNSELING

Energy or vibration research (mind-body-environment), increasingly underscores the inseparable connection and dynamic interaction between the physical and metaphysical in their diverse dimensions. Therefore, we stress holistic nutrition counseling for a traditionally defined wholeness to achieve optimal health & wellness for mind, body & spirit.

SERVICES

- Wellness Counseling
- SRT™ Light Technology
- Cranial Release Technique

PRODUCTS

- Nutritional Supplements
- Essential Oils
- Spinal Pelvic Stabilizers
- Electromagnetic Frequency (EMF) Energy Devices
- Chiropractic Care by Client Referral

Holistic Nutrition & Wellness Center

MARY JANE MACK, LLC

725 4th Ave NW | PO Box 1126 | Issaquah, WA 98027 | 425-392-0659 | 1-888-777-4232

info@maryjanemack.com

New Client Welcome

Mary Jane Mack and staff are pleased to welcome you here!

Our Office Hours PST

Monday & Thursday from 10am to 12pm

*Appointment Scheduling and Product Sales Only
(no office visits or consults)*

Tuesday and Wednesday from 10am to 3:00pm

Client Appointments ■ Phone Consultations ■ Product Sales

Please respect other clients' time by arriving on time for your appointment. If you must reschedule your appointment, please provide us 24-hour notice. Missed appointments are subject to billing consistent with our fee schedule. Please be advised that we do not process any insurance programs/claims. *Payment for visits, consults, and products is due at the time of purchase.*

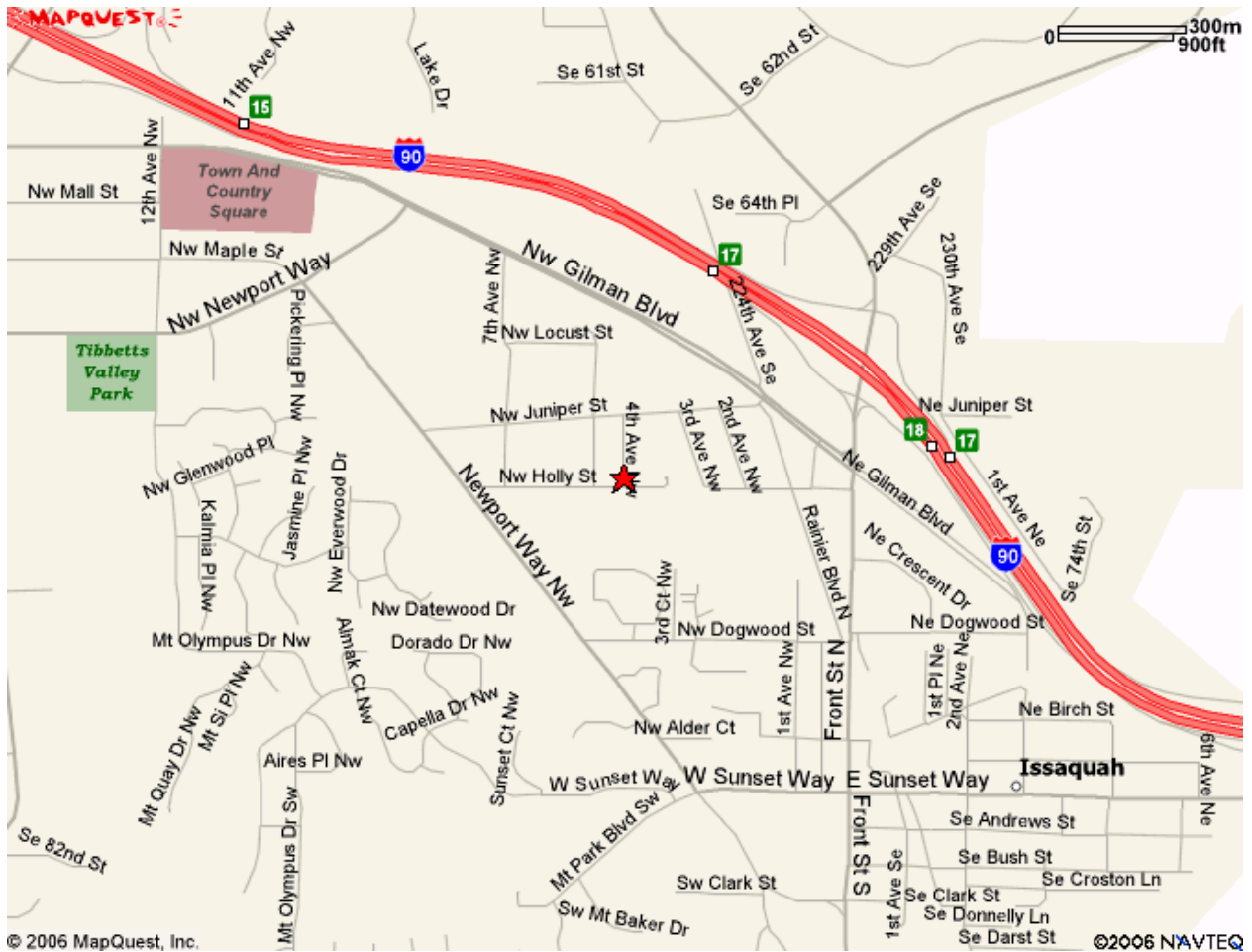
Please note that all our clients are required to purchase their Client Schedule nutritional supplements from this office. Thank you! You may order by phone, voicemail, e-mail or regular mail. Products are shipped USPS Priority Mail or may be picked up at our office. Products may be returned within 30 days of sale, if unopened and in their original condition, subject to a 15% restocking fee. We accept payment by credit or debit card (Visa and MasterCard only), check or cash.

Holistic Nutrition & Wellness Center

MARY JANE MACK, LLC

725 4th Ave NW | PO Box 1126 | Issaquah, WA 98027 | 425-392-0659 | 1-888-777-4232

info@maryjanemack.com



DIRECTIONS

1. From I-5 or I-405 North or South go East on I-90 toward the Cascades.
2. Take Issaquah's Main Exit #17 and turn Right onto Front Street.
3. Turn Right again on NW Gilman Blvd and quickly move into the left lane.
4. Take the very first Left (before the light) at NW Juniper St, which veers *diagonally* to the right as you go into and through the intersection.
5. Go straight ahead 3 blocks over the bridge, then turn Left on 4th Ave NW.
6. Continue straight ahead 1 block to the end of 4th Ave NW at NW Holly St.
7. Our office is the building (renovated home) on your right at the corner.

PARKING

NW Holly St or 4th Avenue NW in front of the Issaquah Schools Administration Buildings

You made it! Thank you for coming to see Mary Jane Mack.

Holistic Nutrition & Wellness Center

MARY JANE MACK, LLC

725 4th Ave NW | PO Box 1126 | Issaquah, WA 98027 | 425-392-0659 | 1-888-777-4232

info@maryjanemack.com

Professional Services & Fees

- We accept Visa and MasterCard
- We do not work with insurance

Initial New Client Consultation- Office or by Phone- (up to 30 Minutes) \$175.00
*Nutrients are additional

30 Minute Initial Office Visit with Mary Jane Mack
Comprehensive Analysis Evaluation – Testing & Nutritional Protocol
Nutritional Assessment Questionnaire – Symptoms Indications

Office and Distant Client Recheck Consultation- (per 10 minutes) \$60.00
*Nutrients are additional

20-Minute Office Visit \$145.00 (Existing clients only)
10-Minute Zoom/Phone Visit – * *Extended Visits Available 20 minutes* \$120.00
Comprehensive Analysis Evaluation – Nutritional Protocol
Designed Clinical Nutrition Schedule

Client Restart Fee – (up to 20 Minutes) \$120.00

One year or longer since last consultation

Cranial Release Technique (CRT) \$60.00

CRT Facilitates Release of Chronic Cranial-Dural Fixation/Strain

Clarus SRT “Light Energy” Therapy – 30 Minute Session* \$125.00

Sympathetic Resonance Technology (SRT™) from Clarus Transphase Scientific
Amplifies the energetic potential in physical systems...”by increasing cellular,
vibrational energy of the body with tissue in distress, disorder, or dysfunction.

Holistic Nutrition & Wellness Center

MARY JANE MACK, LLC

725 4th Ave NW | PO Box 1126 | Issaquah, WA 98027 | 425-392-0659 | 1-888-777-4232

info@maryjanemack.com

Policies and Procedures

Prior to your appointment with Mary Jane, a new client packet will be either e-mailed or sent to you via mail. Please take the time to accurately fill out the health questionnaire and read the enclosed material. Mary Jane requires the following:

- Products recommended for purchase must be purchased through Mary Jane Mack directly.

Payment for consultation and product is due at the time of your visit. As per above, you will be required to purchase product from our office. Please respect other clients time by arriving on time for your appointment. If you must reschedule your appointment, please provide 24 hours notice. Missed appointments are subject to billing consistent with our fee schedule. We accept cash, VISA & MasterCard.

Cancellations:

If you are unable to keep your appointment, kindly give 24 hours notice to cancel. If not, you may be billed for the time you reserved.

Return Policy:

If a product is to be returned for any reason it must be returned within 30 days, with proof of purchase, unopened in the original packaging (bottle and carton, if applicable). All returns are subject to a 15% restocking fee.

I agree to the above Policies and Procedures.

_____ **Date:** _____

Holistic Nutrition & Wellness Center

MARY JANE MACK, LLC

725 4th Ave NW | PO Box 1126 | Issaquah, WA 98027 | 425-392-0659 | 1-888-777-4232

info@maryjanemack.com